

The Magazine For Filipinos Living In Singapore

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F MAGAZINE

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MAKING PEOPLE BEAUTIFUL

Dr Sylvia Ramirez

scientific & medical director for
cutis medical laser clinics,
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for global research &
development arbor research
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SURGICAL ENHANCEMENTS FOR MOM

Being a mom isn't an excuse to neglect
your beauty By Una Loh

Countless ladies these days, specifically the young and modern moms, always comment to Brazilian plastic surgeon Dr Marco Faria Correa, how they wouldn't want to sacrifice their body just because they have become mothers.

Dr Marco has a number of clients who are mothers from various age groups - the late 20, 30s, 40s and even late 50s! These ladies want to have their breasts, tummies and body shape back to the way they looked before pregnancy.

Oftentimes after undergoing surgery, they comment that their body shape became even better than before pregnancy. They usually go for tummy tuck with breast augmentation and liposculpture. They get their aspired breast size, body shape (thanks to liposculpture!) and shifting of fats from the arms, inner and outer thighs to the butt.

common surgery requests

A very common surgery that is requested is the breast augmentation surgery.


According to Dr Marco, ladies after breast feeding always complain about the emptiness and flabbiness of their breasts. "For ladies who have breast-fed before, the breast envelope is always empty and I usually place a breast implant behind the breast tissue to rebuild the volume. However, if there are lots of excess skin, a skin tightening or breast lifting should be the correct surgery. Sometimes, a combination of breast lifting plus skin excision (skin tightening) is necessary," shares Dr Marco.

Another common complaint from mothers are flabby tummy, stretch marks and bulges despite working out many hours in the gym and spending lots of money in slimming centers. What they want is a flat and trim tummy! Doing an abdominoplasty, commonly known as tummy tuck, is the right solution according to Dr Marco.

factors to consider before plastic surgery

A few factors have to be considered when mothers come for consultation. If their problem is just skin and not muscle problem, removing skin or what we call a Dermalipectomy will solve the problem. If the problem is just the abdominal muscle gap without excess skin or flabbiness, the right procedure will be Endoscopic Abdominoplasty.

If there is a big muscle gap resulting from multiple pregnancy with excess skin, flabbiness, lots of stretch marks and even the umbilicus looks folding downwards, then full tummy tuck (abdominoplasty) is recommended. The muscle gap will be repaired, umbilicus repositioned, excess skin removed and pubis area lifted plus some liposuction around the hips to shape the contour.

Dr Marco emphasizes that regular reading of articles from specialist magazines in plastic surgery, attending public forums, etc, give us intelligent decision-making abilities that will help us look better and oftentimes, younger! 

Dr Marco Faria Correa is a Consultant Plastic Surgeon from the Dr Marco Faria Correa Plastic Surgery Pte Ltd at Gleneagles Medical Centre Unit #10-05 and Parkway East Medical Centre Unit #02-07. Call 6464-8075 for enquiries.